adamance
fruits du bon sens

Apricot Sorbet

Description

Full fruit sorbets must be made up of at least 45% fruit or 25% in the case of tangy fruit.
Using these percentages allows us to use this regulated designation.

Suggested uses

- Ice cream
- Show cooking

Apricot Sorbet

60% FRUIT PURÉE

24.1% ADDED SUGAR

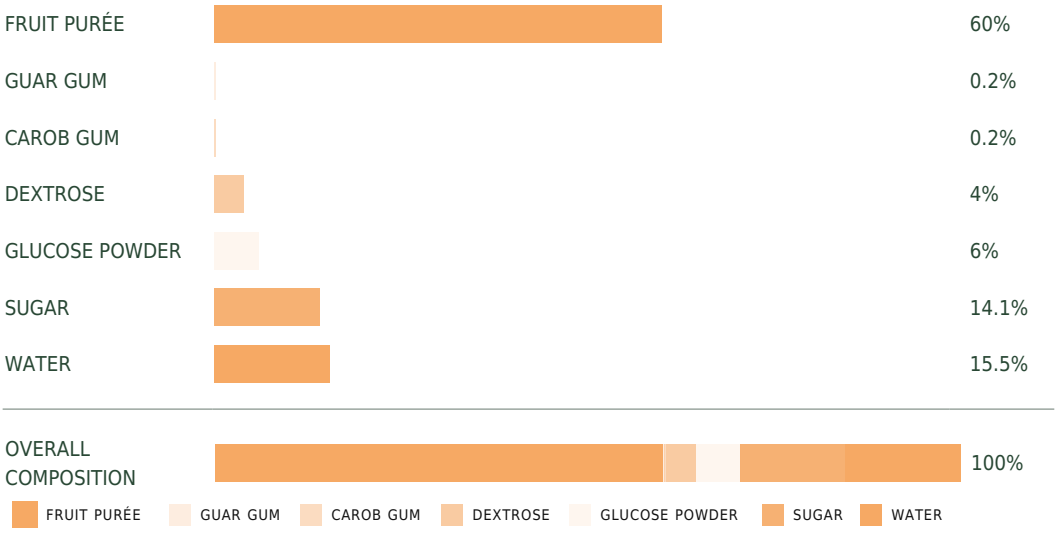
Ingredients

Apricot purée, Water, Sugar, Glucose powder, Dextrose, Carob gum, Guar gum

FREEZABLE

163% EXPANSION WHEN WHIPPED

Overall composition



Composition	1000 g	100%
Sugar	141 g	14.1%
Glucose powder	60 g	6%
Dextrose	40 g	4%
Carob gum	2 g	0.2%
Guar gum	2 g	0.2%
Water	155 g	15.5%
Apricot purée	600 g	60%

Expansion when whipped 163%

Technique

Combine the sugar, powdered glucose, dextrose, carob gum and guar gum.
Sift into the water, then heat up to 185°F (85°C).
Quickly cool the syrup down to 40°F (4°C), then leave to set for at least 4 hours.
Add the fruit purée at 40°F (4°C) then mix using an immersion blender.
Churn, extract, mold and freeze, before storing at 0°F (-18°C).



FRUIT PURÉE USED

Flavor cot and Lido Apricot

TASTING TEMPERATURE

Iced -12 -14°C

WAYS OF CONSUMING

On site ,
Takeaway

STRENGHTS

Color/Shine ,
A cold or slightly warmed purée ,
Plant-based recipe