adamance

fruits du bon sens

Blackcurrant Ice Cream

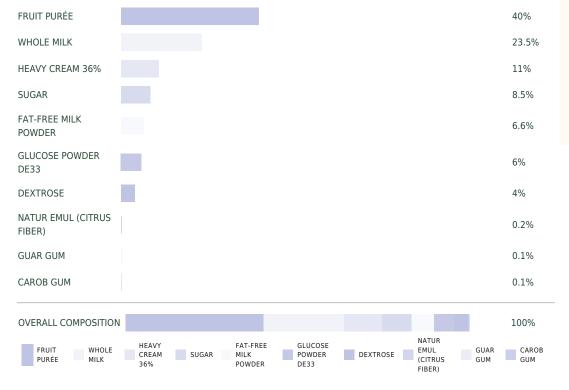
Description

Fruit ice cream combines sweetness, indulgence, and fruity freshness. Protein joins forces with a minimum of 5% milk fat to create the decadent treat that is ice cream. Fruit is the perfect complement to this delicious, creamy base. Maximum recommended shelf life: 4 months.

Suggested uses

- Plated desserts
- Ice cream
- Dessert glasses

Overall composition



Blackcurrant Ice Cream

FRUIT PURÉE ADDED SUGAR

Ingredients

Blackcurrant purée, Heavy cream 36%, , Whole milk, Sugar, Fat-free milk powder , Powdered glucose DE33, Dextrose, Natur Emul (citrus fiber), Guar gum, Carob gum





WHIPPED

Composition	1000 g	100%
Whole milk	235 g	23.5%
Fat-free milk powder	66 g	6.6%
Sugar	85 g	8.5%
Powdered glucose DE33	60 g	6%
Dextrose	40 g	4%
Guar gum	1 g	0.1%
Carob gum	1 g	0.1%
Natur Emul (citrus fiber)	2 g	0.2%
Blackcurrant purée	400 g	40%
Heavy cream 36%	110 g	11%

Expansion when whipped 133%

Technique

Pour the milk into your cooking pot and start heating. At $80^{\circ}F$ ($25^{\circ}C$), sprinkle in the milk powder. Combine the sugar, glucose powder, dextrose, carob gum, guar gum, and citrus fiber, then sprinkle over the liquid when it reaches $85^{\circ}F$ ($30^{\circ}C$). When the mixture reaches $105^{\circ}F$ ($40^{\circ}C$), stir in the heavy cream, then heat to $185^{\circ}F$ ($85^{\circ}C$). Mix with an immersion blender until homogenized, cool to $40^{\circ}F$ ($4^{\circ}C$), and leave to sit for at least 12 hours. Add the fruit purée at $40^{\circ}F$ ($4^{\circ}C$) then mix using an immersion blender. Churn, extract, mold, and freeze, before storing at $0^{\circ}F$ ($-18^{\circ}C$).



FRUIT PURÉE USED
Blackdown and Andorine Blackcurrant
TASTING TEMPERATURE
Iced -12 -14°C
WAYS OF CONSUMING
On site ,
Takeaway