

Blueberry chantilly cream

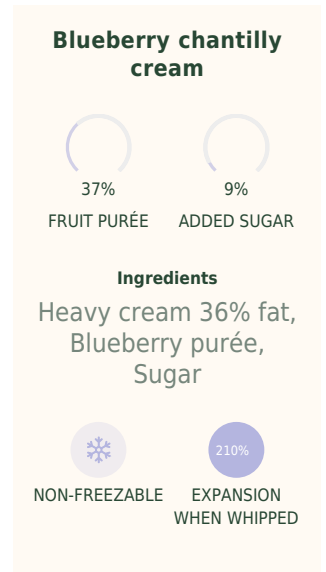
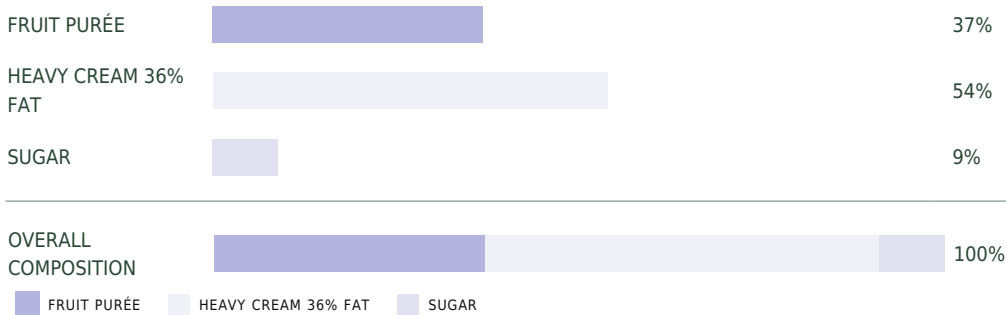
Description

A variant of the classic chantilly cream that can be applied to dishes in the same way. Use it to fill fruit chantilly choux buns and top ice cream sundaes. This helps significantly reduce the amount of fat in your recipes by switching 40% of 36% fat heavy cream for fruit. It is slightly less airy than traditional chantilly cream.

Suggested uses

- Decorations
- Plated desserts
- Ice cream
- Dessert glasses

Overall composition



Composition	1000 g	100%
Sugar	90 g	9%
Blueberry purée	370 g	37%
Heavy cream 36% fat	540 g	54%

Expansion when whipped 210%

Technique

Mix the sugar with the fruit purée (40°F or 4°C), then add in the cream. Using the whisk setting in a food processor, beat the mixture at medium speed until it can be piped using a piping bag.

Trick

Reduce or eliminate sugar to make fruity whipped creams for your dishes (such as intensely flavored mousses, for example).



FRUIT PURÉE USED

Wild Blueberry

TASTING TEMPERATURE

Chilled

WAYS OF CONSUMING

On site ,

Takeaway

STRENGTHS

A cold or slightly warmed purée ,
Easy and quick to make