## adamance

fruits du bon sens

# Mara des Bois Strawberry Sorbet

## Description

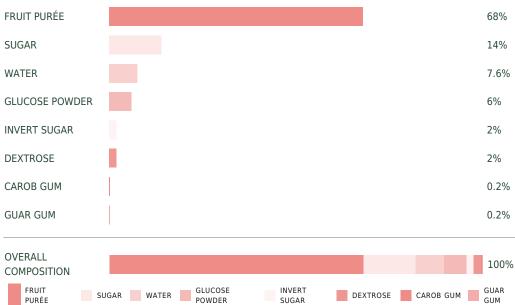
Full fruit sorbets must be made up of at least 45% fruit or 25% in the case of tangy fruit.

Using these percentages allows us to use this regulated designation.

### Suggested uses

- Ice cream
- Show cooking

## Overall composition



#### Mara des Bois Strawberry Sorbet



Composition	1000 g	100%
Sugar	140 g	14%
Glucose powder	60 g	6%
Dextrose	20 g	2%
Carob gum	2 g	0.2%
Guar gum	2 g	0.2%
Water	76 g	7.6%
Invert sugar	20 g	2%
Strawberry purée	680 g	68%

Expansion when whipped 130%

#### Technique

Combine the sugar, powdered glucose, dextrose, carob gum and guar gum. Sift into the water, add the invert sugar, then heat up to  $185^{\circ}F$  ( $85^{\circ}C$ ). Quickly cool the syrup down to  $40^{\circ}F$  ( $4^{\circ}C$ ), then leave to set for at least 4 hours. Add the fruit purée at  $40^{\circ}F$  ( $4^{\circ}C$ ) then mix using an immersion blender. Churn, extract, mold and freeze, before storing at  $0^{\circ}F$  (- $18^{\circ}C$ ).



FRUIT PURÉE USED Mara des Bois Strawberry

TASTING TEMPERATURE Iced -12 -14°C

WAYS OF CONSUMING On site , Takeaway

STRENGHTS Color/Shine , A cold or slightly warmed purée , Plant-based recipe