adamance
fruits du bon sens

Blueberry Mist

Description

This fruit mousse does not use cream or Italian meringue!
This recipe makes a whipped gel whose gelatine network traps air bubbles.
This gives it a very airy texture without requiring you to add ingredients that hinder the fruit's aromatic quality.

Suggested uses

- Decorations
- Plated desserts
- Desserts, tarts and mini gateaux
- Ice cream
- Dessert glasses

Blueberry Mist

52.7% FRUIT PURÉE

25% ADDED SUGAR

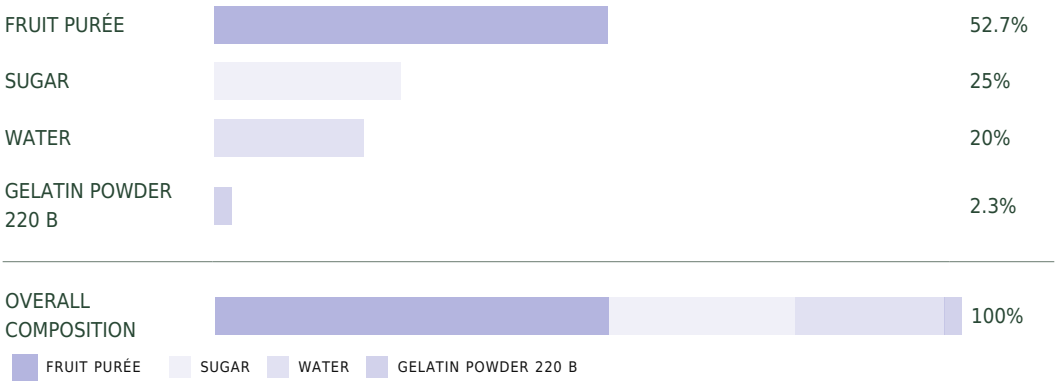
Ingredients

Blueberry purée, Sugar, Water, Gelatin powder 220 B

FREEZABLE

375% EXPANSION WHEN WHIPPED

Overall composition



Composition	1000 g	100%
Gelatin powder 220 B	23 g	2.3%
Water	200 g	20%
Sugar	250 g	25%
Blueberry purée	527 g	52.7%

Expansion when whipped 375%

Technique

Sprinkle the gelatin into cold water, then wait for 15 to 20 minutes for it to hydrate.
Heat the mixture to 120-140°F (50-60°C) so that the gelatin melts. Add the sugar, then mix with the blueberry purée at 40°F (4°C).
Place some plastic wrap on the mixture's surface and store in the refrigerator for at least 6 hours.
Whisk the gelatin mixture at medium speed until it has a shaving foam texture.
You can whisk for an extended period of time, up to 45-60 minutes depending on the amount and your equipment.



FRUIT PURÉE USED
Wild Blueberry

TASTING TEMPERATURE
Chilled ,
Iced

WAYS OF CONSUMING
On site ,
Takeaway

STRENGHTS
Fruit intensity ,
A cold or slightly warmed purée ,
Se consomme frais ou glacé