## adamance

fruits du bon sens

## Raspberry Ice Cream

## Description

Fruit ice cream combines sweetness, indulgence, and fruity freshness. Protein joins forces with a minimum of $5 \%$ milk fat to create the decadent treat that is ice cream. Fruit is the perfect complement to this delicious, creamy base. Maximum recommended shelf life: 4 months.

Suggested uses

- Plated desserts
- Ice cream
- Dessert glasses


## Overall composition



| OVERALL | SITION |  |  |  |  |  |  |  | 100\% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FRUIT PURÉE | HEAVY CREAM 36\% | WhOLE <br> MILK | SUGAR | FAT-FREE MILK POWDER | GLUCOSE <br> POWDER <br> DE33 | DEXTROSE | NATUR <br> EMUL <br> (CITRUS <br> FIBER) | GUAR GUM | CAROB GUM |

## Raspberry Ice Cream

## Ingredients

Raspberry purée,
Heavy cream 36\%,
Whole milk, Sugar,
Fat-free milk
powder, Powdered glucose DE33,
Dextrose, Natur
Emul (citrus fiber), Guar gum, Carob gum


| Composition | $\mathbf{1 0 0 0} \mathbf{g}$ | $\mathbf{1 0 0 \%}$ |
| :--- | :--- | :--- |
| Whole milk | 110 g | $11 \%$ |
| Fat-free milk powder | 76 g | $7.6 \%$ |
| Sugar | 90 g | $9 \%$ |
| Powdered glucose DE33 | 60 g | $6 \%$ |
| Dextrose | 40 g | $4 \%$ |
| Guar gum | 1 g | $0.1 \%$ |
| Carob gum | 1 g | $0.1 \%$ |
| Natur Emul (citrus fiber) | 2 g | $0.2 \%$ |
| Raspberry purée | 500 g | $50 \%$ |
| Heavy cream 36\% | 120 g | $12 \%$ |

## Expansion when whipped 146\%

## Technique

Pour the milk into your cooking pot and start heating. At $80^{\circ} \mathrm{F}\left(25^{\circ} \mathrm{C}\right)$, sprinkle in the milk powder.
Combine the sugar, glucose powder, dextrose, carob gum, guar gum, and citrus fiber, then sprinkle over the liquid when it reaches $85^{\circ} \mathrm{F}\left(30^{\circ} \mathrm{C}\right)$. When the mixture reaches $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$, stir in the heavy cream, then heat to $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$.
Mix with an immersion blender until homogenized, cool to $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$, and leave to sit for at least 12 hours.
Add the fruit purée at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$ then mix using an immersion blender. Churn, extract, mold, and freeze, before storing at $0^{\circ} \mathrm{F}\left(-18^{\circ} \mathrm{C}\right)$.


FRUIT PURÉE USED
Meeker Raspberry
TASTING TEMPERATURE Iced -12-14 ${ }^{\circ} \mathrm{C}$

WAYS OF CONSUMING
On site,
Takeaway

